

## SIGNPOSTING –SEXUAL ABUSE

### NATIONAL

#### MOSAC

0800 980 1958

[www.mosac.org.uk](http://www.mosac.org.uk)

National helpline for non-abusing parents/carers of children who have been sexually abused

#### ACTS FAST

01202 797 217

[www.actsfast.org.uk](http://www.actsfast.org.uk)

Dorset based organisation supporting non-abusing parents/carers of children who have been sexually abused.

#### RESPOND

0808 808 0700

[www.respond.org.uk](http://www.respond.org.uk)

Support, advice and therapy for victims and perpetrators of sexual abuse and other trauma, who have learning difficulties/disabilities

#### MACSAS (Minister and Clergy Sexual Abuse Survivors)

0808 801 0340

[www.macsas.org.uk](http://www.macsas.org.uk)

Not attached to a religious organisation.

#### RIGHTS OF WOMEN

020 7251 6577

Authors of "From Report to Court" – what happens when someone reports a sexual crime to the police

### LOCAL

#### SOUTHAMPTON RAPE CRISIS AND SEXUAL ABUSE COUNSELLING SERVICE

SRC

PO Box 1401

Head Post Office

Southampton SO18 9AD

Helpline - 023 8063 6313

Office – 023 8063 6312

[info@sotonrc.org.uk](mailto:info@sotonrc.org.uk)

[www.southamptonrapecrisis.org.uk](http://www.southamptonrapecrisis.org.uk)

Client group – anyone over the age of 11 who has suffered any sort of rape, sexual abuse, or assault, at any time in their lives

Offers - telephone support, face to face counselling, STAR project – working with children aged 10 years +

#### CIS'TERS

CIS'ters

PO Box 119

Eastleigh SO50 9ZF

Helpline - 023 8033 8080

[admin@cisters.org.uk](mailto:admin@cisters.org.uk)

[www.cisters.org.uk](http://www.cisters.org.uk)