

PUTTING THE RELATIONSHIP AT RISK "STOP"

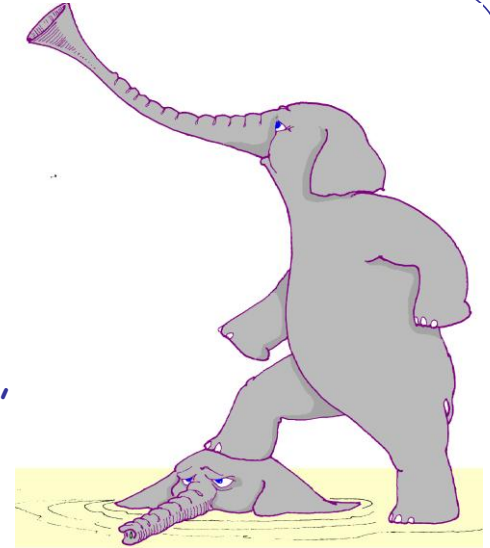
No Scoring
points
please

I don't
want to
feel angry
and
resentful



Please
don't put
me down

I don't
want to
feel hurt,
small and
unloved



Don't
think the
worst of
me

I need
you to
trust me



Don't let's
opt out and
paper over
the cracks.

Let's be open
and honest
with one
another



Southampton Community Family Trust

Helping Build Successful Relationships at the Heart of the Community

- *Marriage preparation*
- *Marriage enrichment activities*
- *Parenting support*
- *In business (see www.relish.uk.com)*

So if you want to make good relationships even better, or are looking for some support to get over hurdles – check us out.

- www.scft.org.uk
- info@scft.org.uk
- 023 8021 6003

